

Surviving & Thriving During the Research Years

Wednesday August 6, 2025

Location: Brotman Auditorium, South Lake Union Campus
850 Republican St.

Co-Directors

Nisha Bansal, MD, MAS
Professor, Dept. of Medicine
Div. of Nephrology
UW Kidney Research Institute

Pavan Bhatraju, MD, MSc
Associate Professor, Dept. of Medicine
Div. of Pulmonary, Critical Care and Sleep Medicine
UW Sepsis Center of Research Excellence

7:45 am	Arrival & light breakfast
8:00 am	Course Introduction – Drs. Nisha Bansal and Pavan Bhatraju
8:00 - 8:30 am	Staying Well & Thriving in your Career Anne Browning, PhD MA Associate Dean for Well-Being, School of Medicine
8:30-9:00 am	Why Choose a Career in Academic Medicine? Pavan Bhatraju, MD, MSc Associate Professor, Pulmonary, Critical Care and Sleep Medicine
9:00-9:30 am	Making the Most of Your Mentor: A Guide for Mentees Nisha Bansal, MD, MAS Professor, Nephrology
BREAK	9:30-9:45 am
9:45-10:15	Writing a Manuscript Anna Wald, MD, MPH Division Head and Professor, Division of Allergy & Infectious Diseases
10:15-10:45	Behind the scenes of peer review: what happens when you submit a paper to a journal? Stephan D. Fihn, MD. MPH. Associate Editor JAMA Network Open Professor, General Internal Medicine
10:45-11:15	AI in Research: How Large Language Models Work and Why it Matters Trevor Cohen, MBChB, PhD, FACMI Professor, Biomedical Informatics and Medical Education

11:15am-11:30am	Pick up lunches
11:30 – 12:30 pm	Panel: My Journey as a Physician/scientist or Scientist Panel and Networking with Facilitators Panelists 1) Karin Bornfeldt, PhD Professor, Division of Metabolism, Endocrinology and Nutrition 2) Francis Kim, MD Professor, Cardiology 3) Tomas Mustelin, MD PhD Division Head and Professor, Rheumatology 4) Erin Kross, MD Professor, Division of Pulmonary, Critical Care and Sleep Medicine
12:30-1:00 pm	Grants 101 Part I: Training & Career Development Awards Ellen Schur, MD, MS Professor, Division of General Internal Medicine
1:00-1:30 pm	Grants 101 Part II: NIH Structure & Behind the Scenes at a Study Section Ian de Boer, MD Professor, Division of Nephrology
1:30-2:00pm	Interactive Mock Study Section Ian de Boer, MD Ellen Schur, MD Pavan Bhatraju, MD Nisha Bansal, MD
2:00-2:45pm	K-awardee panel- navigating the transition from trainee to faculty Jill Steiner, MD (Cardiology) Megan Capozzi, PhD (Metabolism, Endocrinology and Nutrition) Rayan Najjar, MD (Rheumatology) Linzee Mabrey, MD (Pulmonary, Critical Care and Sleep Medicine) Kate Butler, MD. MA (Nephrology)
2:45 pm	Course Wrap-Up, Evaluations